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DREAM HARD ASSET ALTERNATIVES TRUST ANNOUNCES SEPTEMBER 2019 MONTHLY DISTRIBUTION

FOR IMMEDIATE RELEASE

TORONTO, SEPTEMBER 19, 2019, DREAM HARD ASSET ALTERNATIVES TRUST (TSX: DRA.UN) ("Dream Alternatives") today announced its September 2019 monthly distribution in the amount of 3.333 cents per Unit (40 cents annualized). The September distribution will be payable on October 15, 2019 to unitholders of record as at September 30, 2019.

Dream Alternatives provides investors with access to an exceptional portfolio of real estate development opportunities and alternative assets that would not be otherwise available in a public and fully transparent vehicle, managed by an experienced team with a successful track record in these areas. The objectives of Dream Alternatives are to build and maintain a growth-oriented portfolio, provide predictable cash distributions to unitholders on a tax efficient basis, and grow and reposition the portfolio to increase NAV per Unit over time. For more information, please visit: www.dreamalternatives.ca

For further information, please contact:

DREAM HARD ASSET ALTERNATIVES TRUST

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