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**DREAM OFFICE REIT Q4 2018 FINANCIAL RESULTS RELEASE
DATE, WEBCAST AND CONFERENCE CALL**

FOR IMMEDIATE RELEASE

TORONTO, JANUARY 23, 2019, DREAM OFFICE REIT (D.UN - TSX) will be releasing its financial results for the year ended December 31, 2018, on Thursday, February 21, 2019.

Senior management will be hosting a conference call to discuss the financial results.

Conference call:

Date: Friday, February 22, 2019 at 10:00 a.m. (ET)
Dial: For Canada and USA please dial: 1-888-465-5079
For International please dial: 416-216-4169
Passcode: 9977 953#

A taped replay of the call will be available for ninety (90) days. For access details, please go to Dream Office REIT's website at www.dreamofficereit.ca and click on Calendar of Events in the News and Events section.

Webcast:

To access the conference call via webcast, please go to Dream Office REIT's website at www.dreamofficereit.ca and click on Calendar of Events in the News and Events section. The webcast will be archived for 90 days.

Dream Office REIT is an unincorporated, open-ended real estate investment trust. Dream Office REIT owns well-located, high-quality central business district office properties in major urban centres across Canada, with a focus on downtown Toronto. For more information, please visit www.dreamofficereit.ca.

For further information, please contact:

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