

DREAM OFFICE REIT AUGUST 2020 MONTHLY DISTRIBUTION

FOR IMMEDIATE RELEASE

TORONTO, AUGUST 20, 2020, DREAM OFFICE REIT (TSX: D.UN) (“Dream Office” or the “Trust”) today announced its August 2020 monthly distribution of 8.333 cents per REIT Unit, Series A (\$1.00 annualized). The August distribution will be payable on September 15, 2020 to unitholders of record as at August 31, 2020.

Dream Office REIT is an unincorporated, open-ended real estate investment trust. Dream Office REIT owns well-located, high-quality central business district office properties in major urban centres across Canada, with a focus on downtown Toronto. For more information, please visit our website at www.dreamofficereit.ca.

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